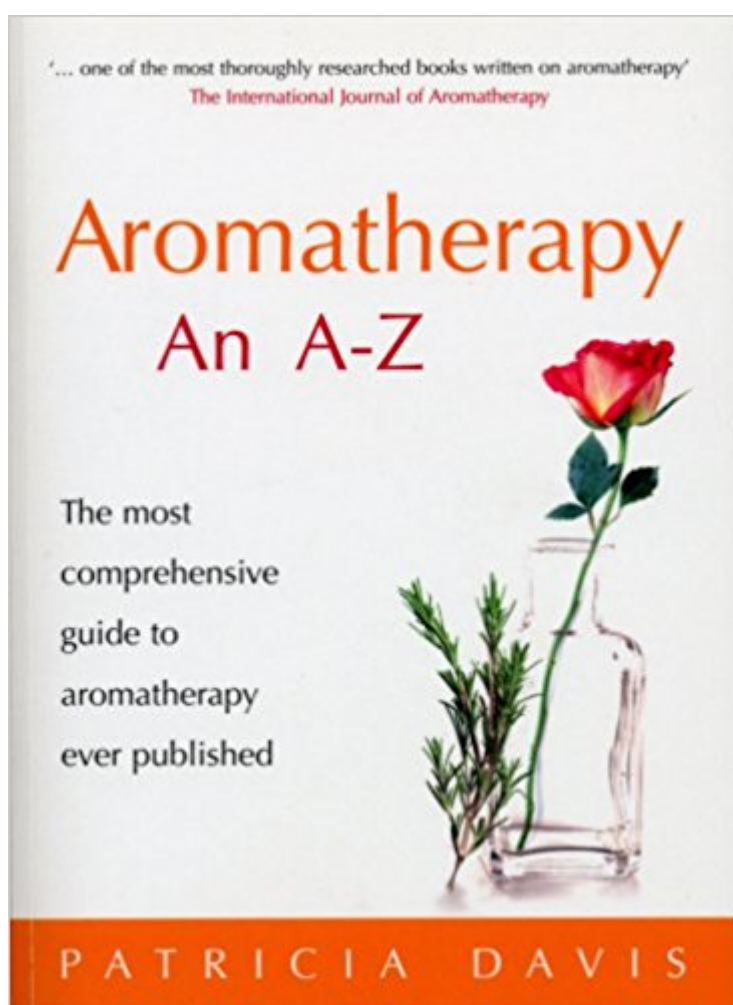


The book was found

Aromatherapy: An A-Z: The Most Comprehensive Guide To Aromatherapy Ever Published



Synopsis

One of the most comprehensive, up-to-date encyclopedias of aromatherapy available today, this reference has more than 400 entries covering more than 200 conditions and 82 essential oils as well as recipes and formulae.

Book Information

Paperback: 336 pages

Publisher: Random House UK; Revised edition (September 1, 2005)

Language: English

ISBN-10: 009190661X

ISBN-13: 978-0091906610

Product Dimensions: 6.7 x 1 x 9.3 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 78 customer reviews

Best Sellers Rank: #405,982 in Books (See Top 100 in Books) #142 in [Books > Health, Fitness & Dieting > Alternative Medicine > Homeopathy](#) #257 in [Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy](#) #646 in [Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies](#)

Customer Reviews

“One of the most thoroughly researched books written on aromatherapy. The International Journal of Aromatherapy

‘What a fabulous resource...an encyclopedia that covers everything from individual essential oils, to conditions and ailments’. New Age Retailer

This book is a good reference book. If you have a subject you want to look up she makes that very easy. But it is not the most comprehensive guide to aromatherapy. In fact I wouldn't call it a guide at all but rather a very good reference book, perhaps the most comprehensive aromatherapy reference book. There is no section about how certain oils can be mixed or an explanation on how to use notes or an explanation regarding which oils up you may want to use less of when combining scents or really any section on combining scents at all. It is a book of subjects and an explanation of each subject. ie: subject - Dr Valnet followed by a short autobiography as to how he features in aromatherapy or a section on - arthritis and which essential oils to use for that affliction. It is very

comprehensive though so that is no lie. And I like the book and it will prove itself useful, already has in fact.

Really neat little reference book , organized very well and easy to read, It is small in size, so it is nice for travel or carrying in a tote bag. I would have given it 5 stars but it is a slightly incomplete list of oils , given the fact that some were in the end on a list of oils to avoid. I would prefer that some of those oils still be profiled, just with added safety info and warnings, then I can make the decision whether to use it or not. Overall, a nice little reference guide that I enjoy having in my library. Please vote helpful if you enjoyed my review and found it helpful.

Aromatherapy: An A-Z , a comprehensive guide to the therapeutic use of essential oils and herbal remedies by Patricia Davis is an amazing book. It is knowledge rich regarding medical, pharmaceutical, and scientific knowledge about herbs and oils. As a veteran Aromatherapist Ms Davis delivers clear and concise information on the implementation of essential oils into a healthy lifestyle. This book is an oldie but goodie!** UPDATE: I found this resource very helpful. I later ordered the ebook so that I could have a copy with me at all times on my computer and cell phone.

I have used this book since 1999 and have used 2 books until they fell apart. Some of the suggestions are off, but I suggest buying this book.

Another great essential oils book.

I am currently studying aromatherapy and find this book to be very informative guide especially as I am a massage therapist too. Really understanding the oils and more importantly their therapeutic action is key to a positive outcome. I bought it on my kindle so now its with me everywhere I go ...understanding is knowledge and knowledge is progress!

Its actually does what is saying on the cover, it is with out doubt a excellant comprehensive guide and so easy to use, with a lot of common sense advise in the book.

I love this book. I have been using it for quite a while as a reference and keep going back to it over a couple others that I have because I like how the information is laid out. It's had everything I have looked for and more. I highly recommend it for your aromatherapy library.

[Download to continue reading...](#)

Aromatherapy: An A-Z: The Most Comprehensive Guide to Aromatherapy Ever Published
Aromatherapy & Essential Oils: The Complete Aromatherapy & Essential Oils Guide for Beginners
(Essential Oils Book, Aromatherapy Book, Essential Oils and Aromatherapy Recipes for Everyone)
Aromatherapy: 30 Aromatherapy Recipes From My Aromatherapy Private Collection ::: Proven
Aromatherapy Recipes That Work! The Complete Encyclopedia of Magic: The Gathering: The
Biggest, Most Comprehensive Book About Magic: The Gathering Ever Published 107 Modern Magic
Tricks with a Svengali Card Deck: The most complete most up to date Svengali manual ever
published Essential Aromatherapy: A Pocket Guide to Essential Oils and Aromatherapy
Aromatherapy: 600 Aromatherapy Recipes for Beauty, Health & Home - Plus Advice & Tips on How
to Use Essential Oils Aromatherapy Recipes: Simple Aromatherapy Blends and Essential Oils for
Beginners. Massage Oils for Wellness, Beauty and Relaxation Creating Fairy Garden Fragrances:
The Spirit of Aromatherapy (Storey's Spirit of Aromatherapy) SAT Prep Black Book: The Most
Effective SAT Strategies Ever Published ACT Prep Black Book: The Most Effective ACT Strategies
Ever Published SAT Math 2 Prep Black Book: The Most Effective SAT Math Level 2 Strategies Ever
Published The Story of Ain't: America, Its Language, and the Most Controversial Dictionary Ever
Published The Vampire Archives: The Most Complete Volume of Vampire Tales Ever Published
SAT Prep Black Book - 2015 Edition: The Most Effective SAT Strategies Ever Published The Herb
Book: The Most Complete Catalog of Herbs Ever Published (Dover Cookbooks) 2015 Good Sam
RV Travel Guide & Campground Directory: The Most Comprehensive RV Resource Ever! (Good
Sams Rv Travel Guide & Campground Directory) Quotes: 101+ Greatest Quotes on Happiness,
Success and Motivation from famous people around the world: Greatest and most powerful quotes
ever used by leaders ... (Quotes from the famous people ever lived) Holistic Aromatherapy for
Animals: A Comprehensive Guide to the Use of Essential Oils & Hydrosols with Animals 2014 Good
Sam RV Travel Guide & Campground Directory: The Most Comprehensive RV Resource Ever!

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)